

Memorial Physician Group

ADULT SPECIALTIES

Adult Congenital Heart Disease
Advanced Endoscopy & Gastroenterology
Breast Medical Oncology
Breast Surgical Oncology
Cardiac Surgery
Cardiology/Heart Failure & Transplant
Colon & Rectal Surgery
Cystic Fibrosis
Endocrine/Thyroid Surgery
Endocrinology
Family Medicine
General & Bariatric Surgery
Geriatric Medicine
Head & Neck Oncology
Hematology/Oncology
Infectious Disease
Integrative Medicine
Intensivists
Internal Medicine
Interventional Cardiology
Interventional Neuroradiology
Kidney Transplant
Maternal Fetal Medicine
Neurology
Neurosurgery
Obesity Medicine
Obstetrics & Gynecology (High-Risk)
Orthopaedic Surgery & Sports Medicine
Otolaryngology
Palliative Care
Physical Medicine & Rehabilitation
Psychiatry
Pulmonology
Surgical Oncology
Thoracic Surgery
Trauma Surgery
Urologic Oncology/Urology
Vascular Surgery
Wound Care/Hyperbaric Medicine

PEDIATRIC SPECIALTIES

Adolescent Medicine
Cardiac Surgery
Cardiology/Heart Failure & Transplant
Child & Adolescent Psychiatry
Cleft & Craniofacial Center
Complex Gastroenterology
Congenital Heart Disease
Endocrinology
General Surgery
Genetics
Hematology/Oncology
Immunology & Allergy
Interventional Cardiology
Kidney Transplant
Nephrology
Neurology
Neurosurgery
Orthopaedic Surgery & Sports Medicine
Otolaryngology
Palliative Care
Physical Medicine & Rehabilitation
Pulmonology
Rheumatology
Trauma Surgery

Many Minds. One Group.

Eduardo J. Natal Albelo, MD, is an orthopedic surgeon at Orthopaedic Surgery and Sports Medicine where he specializes in hand and upper extremity surgery and sports medicine. He treats patients with upper extremity conditions from the fingertips to the shoulder. The most common conditions are compressive neuropathies such as carpal and cubital tunnel and stenosing tenosynovitis, better known as trigger finger condition. He also treats hand, wrist and elbow trauma, and patients with shoulder conditions such as rotator cuff tears and instability.

Dr. Natal Albelo sees patients suffering from chronic conditions and those who suffered a life-changing accident, as well as all types of athletes, from professionals to “weekend warriors.” No matter their injuries or cause, the goal is always to bring them back to where they were before their ailment.

Medicine, as in sports, is all about the team. Dr. Natal Albelo works closely with the medical staff in the clinic. His goal is to provide patients with an understanding of their condition and the spectrum of treatment options that are available. Fortunately, most hand and wrist conditions can be managed successfully with non-operative options.

In addition to patient care, he also enjoys working with sports teams. As a sports medicine fellow at Inova Hospital, Dr. Natal Albelo was part of the medical staff providing care for multiple professional teams including the Washington Nationals (MLB), DC United (MLS), Washington Spirit (NWSL) and the DC Defenders (XFL). He also had the opportunity to take care of athletes from high school to college levels. His current research interests focus on hand and upper extremity conditions and the impact of socioeconomic factors on patients’ outcomes.



EDUARDO J. NATAL ALBELO, MD ORTHOPEDIC SURGEON-HAND AND UPPER EXTREMITY/ SPORTS MEDICINE SPECIALIST

- Fellowship:
 - Sports Medicine – INOVA Hospital, Fairfax, Virginia, 2023
 - Hand and Upper Extremity – University of Virginia, Charlottesville, Virginia, 2022
- Residency:
 - Orthopedic Surgery – University of Puerto Rico, San Juan, Puerto Rico, 2021
- Medical Education:
 - University of Puerto Rico – School of Medicine, San Juan, Puerto Rico, 2016



Medicine in Mind. Patients at Heart.